



The
United
Reformed
Church



Halifax Group Magazine

Heath New Hope New Providence



JESUS FEEDS 5,000

Matthew 14:13-21



Jesus feeds the crowd of people with five loaves of bread and two small fish

August 2019

Our vision is to know, love, live and
share Jesus, for a better world.

Letter from the New Manse

One of our favourite holiday places is Findhorn, on the Moray Firth in Scotland, where some visitors join in the activities of the Findhorn Foundation, others engage in water sports and some enjoy the wildlife, watching for seals, dolphins and sea birds.

We go for the wildlife, which is best observed from the pebble beach. As we walk I'll often pick up a pebble to add to my collection. A few years ago I was there without a handbag and with no pockets, so I handed the pebbles to Martin. By the time we began to head back to the car his pockets were full and he had a number of stones in his hands. I think I overdid it a bit, because long before we reached the car he was struggling to walk!

Jesus spoke about heavy loads. He said, "Come to me, all you who are weary and burdened, and I will give you rest." He meant that we can find spiritual rest (peace of mind and heart as a result of peace with God) if we take our burdens to him. Our burdens may include worries about our health or family, or concern about the things we see on the news, but Jesus pointed to another type when he taught his disciples to pray: "Forgive us our sins, as we forgive those who have sinned against us".

Most of us accept that we get things wrong sometimes, and occasionally badly wrong. It's so good to know that we can go to the Lord and find forgiveness, but at the same time it's important to understand that we need to be willing to forgive others. There's much truth in CS Lewis' comment that "Everyone says forgiveness is a lovely idea until he has something to forgive". Jesus made it clear: don't seek the

Letter from the New Manse

forgiveness of God unless you're prepared to do the same for those who have wronged you.

Which brings me back to the heavy load. Our sense of guilt at our own failures and the resentment we feel when others hurt us can weigh very heavily. Every time we miss the opportunity to put things right with God, or to forgive other people, it's like putting another stone in our pocket. Gradually the load gets heavier and heavier until we struggle to carry it. The strain affects our sense of personal well-being, our relationship with God and our relationships with other people. The great thing is that in prayer we can find both the gift of forgiveness for our own failures, and the gift of being able to forgive others for theirs. Through the gift of forgiveness burdens are set aside and relationships are restored. Learning how to empty our pockets and shed the load makes our journey so much easier. What a pity it is that we don't try it more often.

A couple of final thoughts. The first comes from a song by American Country Singer Garth Brooks: "We bury the hatchet, but leave the handle sticking out". This means that it's easy to pick it up again later, whereas Christian forgiveness requires us to bury the hatchet completely. The other is from William Arthur Ward, whose inspirational quotes were frequently published in Readers Digest: "We are most like beasts when we kill. We are most like men when we judge. We are most like God when we forgive."

God bless
Heather

RE-CYCLING (From Synod Moderator)

Guest speaker today [at Yorkshire Assembly] Chris Powell is speaking on “Trash to Treasure” – That got me thinking RE-CYCLING RE: God, REdeemer - It is all about Love, again and again, better and better! RE – what do those letters mean – it is sometimes defined and described as an abbreviation for “regarding” or “referencing,” but it is actually an acceptable English word itself – a preposition in use since at least the 18th century, like other Latin words such as sic, not often used today but having the meaning – “in the matter of”, “with reference to”, or “it’s all about”. “It’s all about” that’s how I think of RE – Religious Education – it’s about God, it’s all about Life and how it all relates together with God at the heart. Nowadays RE in emails means – in “reply” or in “response” to a previous email. That picks up on another meaning of the prefix “re” meaning “do again”, especially to verbs: rebuild, remarry, reusable. So RE can mean - returning to its former state – regreening England’s green and pleasant land, or restoring something to its former glory. Or RE can mean repeating – re-run, redo, and so on Or RE can infer something being improved - reclaim, repair, - I wonder if you can think of any other positive RE-words! I have a personal RE word facing me in a year’s time – retired. Originally or even after the 2nd world war – retirement was seen as a great gift – that after a lifetime of hard graft, everyone could put their feet up and enjoy the rest, for a year or two as life expectancy wasn’t that long. But by the 21st century it had almost become a curse – too many of us living too long and a society not thought through how to deal with it – financially, socially or medically. Even when I started as moderator there were ministers retiring who just weren’t ready, especially as the church they had served had been their life, so we had

problems of ministers who struggled to let go. But for all retiring men - this was the time of the development of the Men's Shed Movement, when men in particular were thrown out of the house, getting under the feet of their wives! Interestingly, I am now hearing a different message from ministers – seeing retirement as a new life and possibly a long life, opportunities of new hobbies, new friends, new vocation or charity working and the all-too-obvious child minding! For me, I am seeing the word Retired as being RE-tyred - fitted out ready for new life. With all these thoughts I want to celebrate that the Christian Way is the first faith that recognises recycling! Everyone has a second chance to be the person they can be, to live a holy, loving life, to give themselves to the world in which we live, to know God's love at the heart of Creation. And it starts with Creation and then the first recorded Tsunami – Noah's flood. Here was an attempt to reform the world, cleanse and sweep away all the harm – but in the long term it was doomed to fail, because the mind of humanity had not been changed, and so we started acting selfishly towards the world, each other and God. But God never gave up on the world or humanity – and always offers new life to everyone. And it doesn't matter who you are, how low you have fallen, or how far you have been kicked down, how badly you have sinned or sinned against, your standing in the world, or being a social outcast, your poverty or your wealth, your intelligence or lack of it – none of this matters when it comes to God's love for you. We can all be Recycled or as is popular to say today, “upcycled” to live the life of Christ! A story - Drip by drip of unsaturated fat, Lynne and

I were getting larger and larger, less and less healthy and more and more lethargic – but all so gradually that one could fool oneself that it wasn't happening, just don't look at the photos of 5 years ago! If we did notice, and then berated each other with insult and warning then we would get all defensive, even dig our heels in and go into denial. If we tried the caring affirming, don't worry, it doesn't matter approach, then we would shrug it off and go on the same regardless. We had become addicted to lifestyle. Because like all addictions, it needs either the drastic pulling up sharp to face reality, or else an empowerment of supernatural love. That came for us – when last July the doctor confronted me with – If you don't do something about it now – 'you are heading for the heart attack, stroke, diabetes, thyroid trouble – (I thought he was going to add dementia) – if one doesn't kill you the others will". And the supernatural love to give us the strength was the closeness of Lynne and I together bound together by God's intervention in our lives – we had a series of incidents and decision-making that left us in no doubt that God is in this and God will lead us through. Changes had to be made – and when it comes to change of diet, change of exercise – it all sounded like prison regime – hardly attractive – gone the rich food, gone the treats, gone the rests after a hard day's work. Instead of 'going on a diet', knowing that they never work in the end, partly because they end – instead we had enlightenment, that what God wanted was a transformation of lifestyle - no dramatic eat lettuce and drink water but to take regular but manageable exercise, understand treats as things you have on birthdays and celebrations not every night, portion sizes to be reduced – best way is to reduce the size of plate, more healthy food and less and less unhealthy as you get used to it. I can remember passing cream cakes in

July and craving them – by September I could pass without the craving and by Christmas, seeing them almost made me heave, that it just felt wrong and too rich to digest. Here is a parable to Life – drip by drip we as human beings become addicted to Sin, selfishness, self-centredness, until you don't realise how dependent you are on something and everything but God. That is the point we need to REpent - not just say sorry , or confess your sins, but turn around to see God has been there all the time, turn around and head in a new direction, turn around and receive the Life that God offers in Jesus. Let's take this whole parable to represent how we are as the Church. Drip by drip we have in this country over the last 100 years become more and more materialistic and wealthy – as I often say the proof is in how often I hear from churches how much we rely on ministers, money and buildings and how inadequate we feel when these fail us, or we don't have them. Alan Yates summed it up when he visited Ghana, and saw their material poverty, but came away recognising they are a poor Church but behaving as though they are rich in their generosity and Faith. In Britain, we are a wealthy church behaving as though we are poor! The story of my Sabbatical was the discovery of the key factors in churches which had reshaped how they are church, and retelling their story from doom and decline, despair and detachment from their community, to confidence in the Gospel, growth and community service - these key elements were never minister, money or buildings but having a core group of faithful Christians committed to serving God and their community, then Prayer, then Vision. These three were common whatever the theology, geography or wealth of

the churches I visited! Are we ready to let go and let God, in order to release his blessing? Angela Hughes shared this story - Little Crystal went to her mother, holding in one hand a family treasure and her other hand couldn't be seen. Crystal cried out, "Mommy I'm stuck". Her unseen hand was stuck inside her great-grandmother's vase. The precious vase (an heirloom) had been handed down from her great grandmother to her grandmother, to her mother. Crystal had always been told that one day the magnificent vase would be hers. Crystal's mother and later neighbours tried soap, butter, Vaseline and WD40 – nothing worked. Though she did find out how it happened - Crystal had dropped a sweet down into the vase to see if she could still see it when it was at the very bottom. But she couldn't – and so she reached in for her sweet and that's when she got stuck and she couldn't get her hand back out. When Grandma finally arrived, both Crystal and her mother were almost hysterical. They were both more than a little relieved to have Grandma's calming presence. Grandma sat little Crystal on her knee. "Tell grandma the truth now. Do you still have a hold of that sweet?" "Mmm humm". Crystal sobbed. Then Grandma rubbed little Crystal's back, held her close and gently, but firmly said: "Let it go, Crystal. Let it go." Sure enough, the vase slipped off as smooth as silk. The Moderators last year produced a paper for Assembly about pruning. It means giving up things to move forward. Remember the balloon debate, in which you have to throw someone out of the basket for the rest to live? More sensitively we can ask what few things would you rescue from the burning house? The Quakers, fellow dissenters say that it matters less what you are dissenting against, and leaving behind – but more where are you aiming for? And

what will you take? It is only worth giving things up that are precious, or a comfort – if the gain is worth it! What do we need for that? If I go to a church which is no longer sustainable and say – you’ve failed, you’re rubbish, history will remember you as the generation that closed churches – what reaction will I get? How about us discovering the excitement, even the joy that our sacrifices now – giving up the material things of church-life, will mean the continuity of the Church for our children and grandchildren? Story of my last year. On Sabbatical I went to Westminster College to write up my visits- but the timing was wrong because I still had visits to do. What should I do? Arriving at teatime, I went to my bedroom, popped into the bathroom for what I thought would be a quick visit, but ended up hours on my knees retching over the toilet. You can imagine I was ‘wretched’ the next morning. In my bible study I was led to the ordination of Aaron – and was struck that it took 7 days. (How we complain if an ordination service takes more than an hour and a half!) I heard God say that God was giving me 7 days at the college like an ordination, to prepare, revive and restore me for my next phase of ministry – this meant my last year in Yorkshire and into retirement. Although I had loads of ideas from all of my church visits – I clearly heard from God, not to start any new projects in Yorkshire, for some unsuspecting moderator to have to implement – but rather to make sure Yorkshire is a safe place, a good place, and a confident place to start new things once a new moderator is in place, and with a new synod team around them. Even this can be a parable for Life – don’t worry about your life’s legacy – but pray you leave the world, your community, your family in a safer,

good place more acceptable of God's ways than before.
4321 – my talk at Synod in powerpoint 4 - things people are looking for today 3 - key factors each church needs to respond to these 2 – Ways for a Church to grow – building within and reaching without 1 – Way of Jesus Christ 4

- The Questions of Life
- The Spirituality of Life
- The Pilgrimage of Life
- The Community of Life 3
- A committed group of people - open to the Holy Spirit - open to community
- Prayer – to seek God's purposes for them.
- Vision – to see the shape of Church they are called to be 2
- In-Built and
- With-reach 1

WAY Living the Life of Jesus Today! We try an evangelical way in our own strength and all it is, is berating people as sinful, useless, pathetic, and folk react by becoming defensive and in denial – or we offer people love and acceptance in our own strength and all it is leads to complacency and an inability to face up to the problem. The evangelical needs underpinning with the power of the Holy Spirit to do the convicting, the exposing, the releasing and the delivering of a person into the Way of Christ – and the liberal affirming needs the power of God's Word for people to see the Truth staring them in the face. As of people so the Church. I can come and lambast you with all your faults and failings and all you will do is get defensive and dig your heels in and go into denial – I can come and tell you how well you are doing and you won't recognise the need to be transformed or as we say in our tradition - REFORMED. Notice it is transformation or reformation not just change. This is how we are the recycled people – or even better upcycled. This is how God works I invite you to be transformed yourself, to see your church be transformed and so impact on your family, and friends and neighbourhood. I think the URC was never meant to be a

denomination set in stone – we were not expected to be around that long! We are meant to be a People’s Movement - better together for Mission. There are a myriad of ways we can be united for mission – URC churches working together, ecumenically with other denominations, in partnership with councils, charities, communities – let us celebrate our Jubilee in 2022 with a renewed commitment to being United, Reformed and Church together for Mission – that is REmarkable! “Resurrection” by Don Maclean “Crossroads” Can you remember who I was? Can you still feel it? Can you find my pain? Can you heal it? Then lay your hands upon me now, And take this darkness from my soul. Only you can light my way; Only you can make me whole once again. How many words have I used that begin with “RE”? Probably the greatest of them all and the greatest example of recycling, even from death to life – Resurrection. That is why I have used the traditional symbol for Resurrection, the butterfly - chosen because the caterpillar has to give up its way of life, to die that it can receive the gift of new life as a butterfly! - So, REmember – or is it RE-member to let ourselves be REshaped into the living Body Of Christ.

Revd Kevin Watson 8 th May 2019

Pulpit list

Heath URC, Free School Lane. 10.30am

August

- 4 Rev John Jenkinson
- 11 Rev Heather Pollard
- 18 Mrs Jane Simmons - Communion
- 25 Mr Martin Pollard

Activities in August

Sunday 11 August – Church Meeting after morning worship

Tuesday 20 August - 10.30am - Community Coffee Morning

Weekly Events

Regular Activities at Heath

Monday

- 9.15am Toddlers (during term time)
- 2.00pm Sing for Fun – Singing Group
- 5.30pm Beaver Scouts 6-8yrs
- 6.30pm Cub Scouts 8-10yrs

Tuesday

10.30am Community Coffee Club (3rd Tuesday in month)

Thursday

7.30pm Thursday Club- Social Group (2nd Thursday in month Sept – June)

Friday

- 7.30pm Scouts 10-14yrs
- 7.30pm Explorer Scouts 14-18 yrs

Hello Folks

How are you doing?

Here are a few health matters you may like to consider:

1. Last summer my board had articles on sun screen, sun safety and vitamin D. Due to decorating of the church, articles on this can be viewed instead on the NHS website:

www.nhs.uk/live-well/healthy-body/sunscreen-and-sun-safety/ this is a comprehensive article with links. I have included some of this below:

Aim to strike a balance between protecting yourself from the sun and [getting enough vitamin D from sunlight](#).

Sun safety tips

Spend time in the shade when the sun is strongest. In the UK, this is between 11am and 3pm from March to October. Make sure you: spend time in the shade between 11am and 3pm, make sure you never burn, cover up with suitable clothing and sunglasses, take extra care with children, use at least factor 30 sunscreen.

People at risk of vitamin D deficiency

Some people won't get enough vitamin D from sunlight because they have very little or no sunshine exposure.

The Department of Health recommends that you take a daily supplement containing 10 micrograms of vitamin D throughout the year if you: aren't often outdoors – for example, if you're frail or housebound, are in an institution like a care home, usually wear clothes that cover up most of your skin when outdoors

If you have dark skin – for example you have an African, African-Caribbean or south Asian background – you may also not get enough vitamin D from sunlight.

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You should consider taking a daily supplement containing 10 micrograms of vitamin D throughout the year.

2. It seems with the changing weather there are many viruses about plus it is easier to become dehydrated on hot days - and as a matter of good practice, I always wash my hands with soap and water when I get in. Plus it is easier to become dehydrated on hot days.

Signs of dehydration include always feeling thirsty, dark yellow and strong smelling urine, feeling dizzy, tiredness and having a dry mouth, lips and eyes.

For older people we know it is important that they keep hydrated, particularly to prevent dizziness which could lead to a fall.

In normal conditions and as long as people do not have a medical condition where fluids are restricted, 6-8 glasses of fluid is recommended. However where there are signs of dehydration more fluids should be drunk – especially water. When a person feels thirsty they are already dehydrated so it is important to keep drinking throughout the day. If you can please pop round to any old folk you know, on hot days, make them a jug of juice it could make all the difference. Thank you.

3. Shingles – are you protected?

I imagine that most people know that once 70 people are eligible for the shingles vaccine. There is certain criteria, however, it is a good vaccine to have because shingles can be most painful and uncomfortable.

How do you get shingles?

The NHS website says: You can only get shingles if you have already had chickenpox. Both illnesses are caused by the same virus: the herpes varicella-zoster virus (VZV).

After you recover from [chickenpox](#), the virus stays in your body and can become active again later in the form of shingles.

This can happen at any time after you have chickenpox, sometimes years later.

You can't catch shingles from someone else.

Can I catch chickenpox from someone who has shingles?

If you're not immune to chickenpox, it's possible to catch VZV, which causes chickenpox, from someone who has shingles.

But the risk is low, particularly if the person's shingles rash is covered (for example, by clothing or a dressing).

In shingles, the herpes VZV is passed on from the exposed rash, usually by direct contact (for example, by touching the person's open blisters). But the risk is very small.

The NHS recommend that people who have shingles should avoid: pregnant women who have not had chickenpox before, people with a weakened immune system – like someone having chemotherapy, babies less than 1 month old – unless it's your own baby, as they should be protected from the virus by your immune system.

I'm sure most people will have a chickenpox story or know someone who does. When my twins were two they were extremely grumpy, had a temperature and were generally unwell. After a few days they then came out in over 250 spots between them! I bathed them and treated them with calamine lotion to cover the spots, gave them plenty of fluids and calpol as directed, if needed.

For shingles the NHS website advises: **Do:** take paracetamol to ease pain, keep the rash clean and dry to reduce the risk of infection, wear loose-fitting clothing, use a cool

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compress (a bag of frozen vegetables wrapped in a towel or a wet cloth) a few times a day.

Don't: do not let dressings or plasters stick to the rash and do not use antibiotic cream – this slows healing. Further information can be found: www.nhs.uk/conditions/shingles/

And finally for now: 3 John 1:2 “So dear friends, I pray that you may enjoy good health and that all may go well with you, even as your soul is getting along well”.

With many blessings and please don't hesitate to contact me: 07803295002. Please leave a message and I will get back to you. Thank you.

Dawn Weald, Parish Nurse, Heath Church.



Pulpit Supply

August 2019

Aug. 4th Rev Heather Pollard
Aug. 11th Mr. Martin Pollard
Aug. 18th Mr. Alan Jowett
Aug. 25th Mrs. Juliet Foster

Wednesday Aug. 21st at 10.00 am Elders Meeting.

Friendship Hour at 2.15pm from September

We meet on the second and fourth Wednesdays most months to enjoy each others company, have a cup of tea, coffee and biscuits and meet new friends.

Ladies Excercise Class: Wednesdays at 7.30pm
Boys' Brigade: Mondays from 6.30pm

DOES IT MATTER?

What will they think? This question seems to be the 'Mantra of the day, especially for school kids and politicians. The writer is tempted to classify these two groups together. The only difference is that kids just worry their parents and grandparents with emotional angst caused by control freaks on social media, which builds up due to the group think situation (Irvin L Janis 1972).

That is a small group of people who are blinkered to anything but what the group thinks, and, as such it is always right, since to criticize is to defy the group.

Now instead of school kids, write in politicians and responsible voters and the same thinking can be used. The politicians are so immersed in their own group think that they refuse to see the consequences of their rhetoric and actions.

So it does matter what people think. But only if those people are in the small group surrounding the groups central figurehead. This is how small groups of influence grow into larger groups, such as the National Front, The Brexit Party, The Moonies, various suicide cults etc. All the people in the various groups think they are quite rational. You judge for yourself.

Mike Riley

NEW PROVIDENCE

Pulpit Supply

AUGUST

4th...Mrs. Juliet Foster

11th...Rev. John Jenkinson (Baptism)

18th... Mrs. Juliet Foster

25th...Rev. Heather Pollard (Communion)

New Providence Diary

AUGUST

Tuesday's – 5.00pm Garden Gang

Friday's – Brownies at New Providence Closed for the
Summer

Friday's - Boy's Brigade / Girl's Association at the
Carlton Centre Closed for the Summer

Monday 26th - 7.30pm – New Provi Circle

LAMMAS

The date is usually celebrated in England, Scotland, Wales, Northern Ireland and other countries in the Northern Hemisphere by baking Lammas bread, making corn dollies, bundling twigs together and enjoying large feasts with friends and family. But while Lammas is associated harvesting grains – it shouldn't be confused with 'the Harvest Festival', which is instead marked at the end of the harvest season in September.

Lammas falls at the beginning of August each year between the summer solstice and autumn equinox. It used to always be held on August 1 but has recently switched to being held on the Sunday closest to the first.

Lammas day – or 'loaf mass' – is traditionally when people celebrate the first wheat harvest in England, Scotland, Wales and Northern Ireland, and is noted as the first harvest festival (but much earlier than THE harvest festival which is in September) of the season. Grains that are harvested at Lammas time include, wheat, barley, oats, rye as well as the plants meadowsweet, mint, sunflower and Calendula. The festival's roots date back to Anglo Saxon times when the festival was referred to as the 'feast of first fruits'. It also marks the end of the hay harvesting season. Lammas Day is usually around the beginning of August and coincides with when tenant farmers would have presented the first crop harvest to their landlord.

Traditionally villagers would take a loaf of bread into church that was made with the first crop. This loaf was then blessed and, according to Anglo Saxon tradition, broken into four

pieces with each of the pieces placed at the corner of a barn to protect the newly harvested grain. Lammas bread was often made in shapes including wheat, owls, figures of the 'corn god', and others. Other symbolic offerings include Lammas charms such as a 'besom' (a bundle of twigs), green Lammas ribbons and sprigs of mint.

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Success

By Bessie Anderson Stanley (1904)

*He has achieved success
who has lived well, laughed often, and loved much;
who has enjoyed the trust of pure women;
the respect of intelligent men and the love of little children;
who has filled his niche and accomplished his task;
who has left the world better than he found it
whether by an improved poppy, a perfect poem or a
rescued soul;
who has never lacked appreciation of Earth's beauty or
failed to express it;
who has always looked for the best in others and given
them the best he had;
whose life was an inspiration; whose memory a
benediction.*

***Live Well
Love Much
Laugh Often***

Elizabeth Ferard

Elizabeth Catherine Ferard was a Deaconess credited with revitalizing the deaconess order in the Anglican Communion.

Background

Her father, Daniel Ferard (1788-1839), was a solicitor.

Career

Although St. Paul mentioned deaconesses at Cenchreae, and St. John Chrysostom considered the model appropriate for both sexes, deaconesses vanished for hundreds of years until revived when Theodor Fliedner founded a deaconess community among Lutherans in Kaiserswerth, Germany in 1836. Episcopalians in Baltimore, Maryland, started similar work in circa 1855. The nineteenth century deaconess movement involved women living in community while carrying out traditional deacon ministries, especially teaching and serving the poor in industrializing cities.

In 1858, Ferard visited the deaconess community at Kaiserswerth. There, deaconesses taught girls and ministered to the sick. The institutions became as an alternative, practical and religious lifestyle for women, without becoming a nun.

With the help of a wealthy relative (Rev Thomas Pelham Dale) and other benefactors, Ferard founded the North London Deaconess Institution in 1861, based at Burton Crescent (now Cartwright Gardens) near King's Cross, which became known as the London Diocesan Deaconess Institution in 1869, and then the Deaconess Community of

St. Andrew in 1943. The women dedicated themselves to the Church, to teach and care for the sick, but without taking formal vows. Ferard was ordained a deaconess on 18 July 1862.

She first worked in a poor parish in the King's Cross area of London, and moved to Notting Hill in 1873. She nursed and taught in Bloomsbury, Kings Cross, Somers Town and Notting Hill. Resigning as head of the Diocesan Deaconess Institution in 1873 due to her own ill health, Ferard later ran a convalescent home for children in Redhill.

The Community of St. Andrew still exists today, albeit forced to move to Westbourne Park in 1873 due to its growth and clearance of much of Somers Town for St Pancras railyards. Isabella Gilmore (1842-1923), in the diocese of Rochester led an alternate style of deaconess life for she preferred a more parish-based model.

The deaconess movement spread worldwide, to many American cities as well as South Africa, China, New Zealand and the Philippines, among other places. Ferard died on 18 April 1883, but Anglicans celebrate the anniversary of her ordination, since the anniversary of her death often occurs during Holy Week. Sources differ as to whether her ordination occurred on 3 or 18 July 1862, and the earlier date is the feast of the apostle St. Thomas.

Henceforth the community was known as the 'Community of St Andrew'.

Achievements A similar secular and slightly later institution was Hull House, for which Jane Addams (1860-1935) won a Nobel Peace prize.

The first members of the institution were Ferard, Ellen Meredith and Anna Wilcox.



YAY- I AM A SEENAGER AND I LOVE IT!

I have everything that I wanted as a teenager, only 60 years later.

I don't have to go to school or work. I get an allowance every month.

I have my own pad. I don't have a curfew.

I have a driver's license and my own car.

I have ID that gets me into bars and the wine shop.

I like the wine shop best.

The people I hang around with are not scared of getting pregnant, they aren't scared of anything. they have managed to live this long, why be scared?

And I don't have acne.

Brains of older people are slow because they know so much.

People do not decline mentally with age, it just takes them longer to recall facts because they have more information in their brains,

Scientists believe this also makes you hard of hearing as it puts pressure on your inner ear.

Also, older people often go to another room to get something and when they get there, they stand there wondering what they came for. It is NOT a memory problem; it is nature's way of making older people do more exercise.

SO THERE!!

Fire Maker – Nehemiah

Nehemiah, in exile, was looking very sad.
So the king then answered, 'I thought you looked bad.'
"Yes", said Nehemiah, "It's about the news I've had.
Jerusalem's remains are being wrecked."

So the king said to him, "This must be the cause.
News of vandalism is what you appals.
Take enough men with you to mend the city walls,
And when finished come back here to me."

When Nehemiah to Judah returned,
To offer a sacrifice there he yearned
Whish meant that an animal would be burned
As a thanksgiving to the Lord.

And so very soon an altar was built
With vertical stones, and some on the tilt,
[A sacrifice on it would wipe out the guilt]
Then they filled up wood on the top.

The beast was prepared as the laws require,
Amid the chanting by Levi choir.
Finally they had to set it on fire.
Then found they had got no flame.

It was just as the exile had begun.
The priests agreed something must be done.
'To preserve altar fire' this vote then won.
[So they did it down in a dry cave.]

Now, as they urgently needed a flame,
They thought the old fire they would reclaim.
When they entered the cave, who was to blame?
The fire had gone out and was cold.

For beside the long dead fire was a pool
Which looked very greasy and felt quite cool.
Nehemiah said, "Bring out some buckets full
And pour it on what we have made."

Over the altar they had prepared
They poured the liquid, which straightway flared.
Crowds which had stood just a close as they dared,
Had to move back from the heat.

To Nehemiah it was not revealed
That they were just over an oil field
And it was sun's heat in stones concealed
Made liquid reach flash point and flare.

They had access to what could not be used.
To reveal technology, God had refused.
For restricting progress, he was not accused.
Had they known they could have built cars!

If they had, centuries later, with some luck,
On Palm Sunday to Temple, showing great pluck,
Would come Jesus driving a seven ton truck
With disciples all in the back

A Glass of Milk

One day, a poor boy, who was selling goods from door to door to pay his way through school, found he had only one thin dime left, and he was hungry. He decided he would ask for a meal at the next house. However, he lost his nerve when a lovely young woman opened the door. Instead of a meal he asked for a drink of water. She thought he looked hungry so she brought him a large glass of milk. He drank it slowly, and then asked, How much do I owe you? "You don't owe me anything," she replied.

"Mother has taught us never to accept pay for a kindness." He said... "Then I thank you from my heart."

As Howard Kelly left that house, he not only felt stronger physically, but his faith in God and man was stronger also. He had been ready to give up and quit.

Many years later that same young woman became critically ill. The local doctors were baffled. They finally sent her to the big city, where they called in specialists to study her rare disease.

Dr. Howard Kelly was called in for the consultation. When he heard the name of the town she came from, a strange light filled his eyes. Immediately he rose and went down the hall of the hospital to her room.

Dressed in his doctor's gown he went in to see her. He recognized her at once.

He went back to the consultation room determined to do his best to save her life. From that day he gave special attention to her case.

After a long struggle, the battle was won.

Dr. Kelly requested the business office to pass the final bill to him for approval. He looked at it, then wrote something

on the edge and the bill was sent to her room. She feared to open it, for she was sure it would take the rest of her life to pay for it all. Finally she looked, and something caught her attention on the side of the bill. She read these words.....

"Paid in full with one glass of milk." -- Signed -- Dr. Howard Kelly.

Tears of joy flooded her eyes as her happy heart prayed: "Thank you, God , that Your love has spread through human hearts and hands."

There's a saying which goes something like this: "Bread cast on the waters comes back to you. The good deed you do today may benefit you or someone you love at the least expected time. If you never see the deed again at least you will have made the world a better place." And, after all, isn't that what life is all about?

Author Unknown

.....

A blonde enters a store that sells curtains. She tells the salesman, "I would like to buy a pair of pink curtains." The salesman assures her that they have a large selection of pink curtains. He shows her several patterns, but the blonde seems to have a hard time choosing. Finally she selects a lovely pink floral print. The salesman then asks what size curtains she needs.

The blonde promptly replies, "Fifteen inches."

"Fifteen inches?" asked the salesman. "That sounds very small - what room are they for?"

The blonde tells him that they aren't for a room, but they are for her computer monitor.

The surprised salesman replies, "But miss, computers do not need curtains!"

The blond says, "Helllllooooooo! I've got Windoooooows!"

NORMA'S WORD SEARCH

S E D I X O I D N O B R A C
 T O H N U C L E A R I N N L
 K O L F D O O W E I T H E I
 E F U A T U R C E A G E G M
 D E S E R T Y N E P C F O A
 E R A X T C A R L E O I R T
 O S A N L S H E W R R H D E
 O R U E D E V I E S A E Y C
 D R V E E A B I P E L T H H
 T N E E R G G E R S P C H A
 L O F T I N S U L A T I O N
 E N I B R U T D N I W A T G
 C I R T C E L E N G E O Y E
 O R E I C A L G U R H W A Y
 S G N I Z A L G F I B U O D

climate change	carbon dioxide	loft insulation	wood
double glazing	green	desert	chips
Foreign	travel	nuclear	electric
Repair	reuse	recycle	car
Hydrogen	hot	glacier	solar
wind turbine	panel	coral	drax

now find the hidden message

Crossword Clues

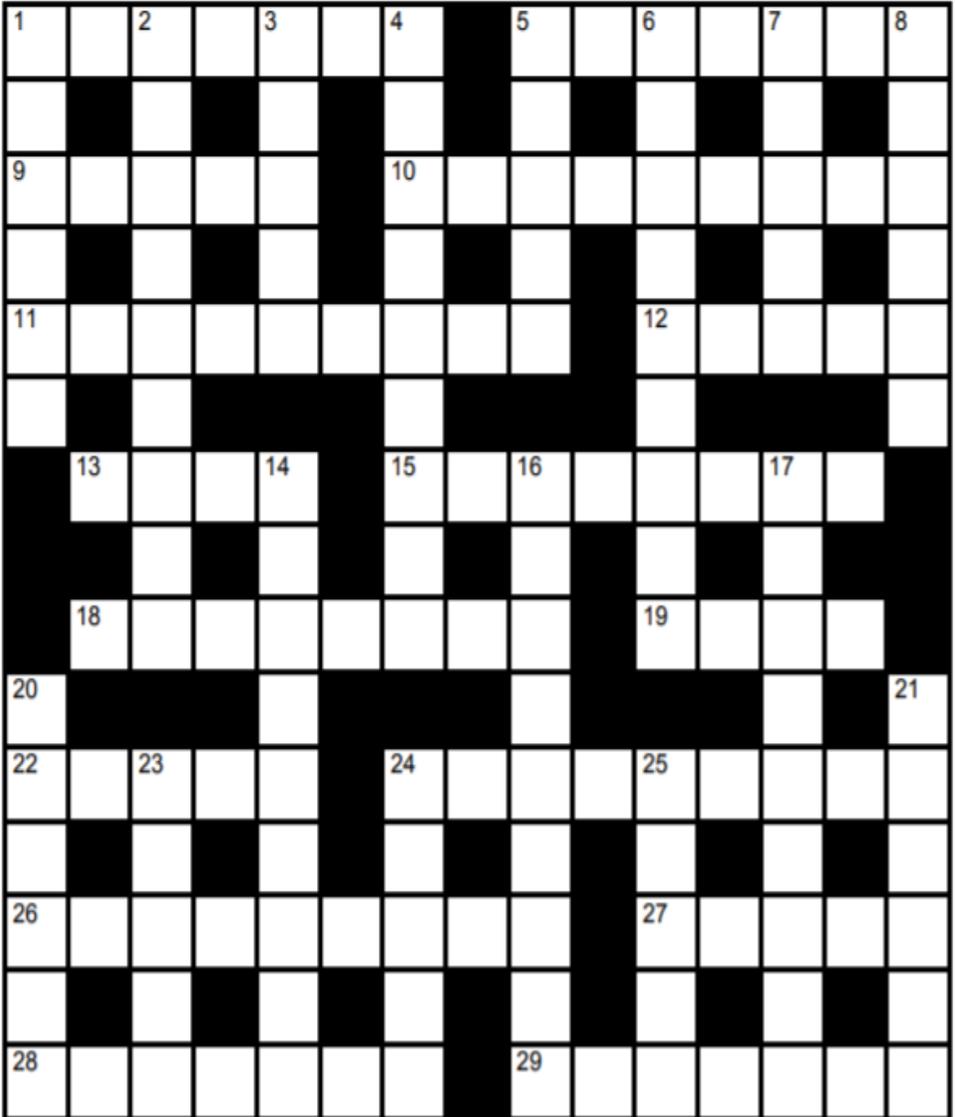
Across

- 1 Desperation; Praised (anag) (7)
- 5 God, doing this on day 7 (7)
- 9 More refined (5)
- 10 One of Paul's letters (9)
- 11 Uncared for (9)
- 12 Encamp against city (5)
- 13 Charitable giving (4)
- 15 Consecrated (8)
- 18 Abraham received these (8)
- 19 Jesus raised in 3 (4)
- 22 Colour found only in Ezekiel (5)
- 24 Someone who shields (9)
- 26 Continuance of life (9)
- 27 Grind together (5)
- 28 Unusual (7)
- 29 Athalia's cry (7)

Down

- 1 Rely on (6)
- 2 Tail-ender (9)
- 3 Be in harmony (5)
- 4 Not wicked (9)
- 5 Reigned (5)
- 6 Contented (9)
- 7 Picture (5)
- 8 Good news (6)
- 14 The first, first-aider? (9)
- 16 Fradulent (9)
- 17 Slain by Moses (9)
- 20 They get the hump (6)
- 21 Parentless (6)
- 23 Prickly shrub (5)
- 24 300 bought ointment to anoint Jesus (5)
- 25 Keen-sighted bird of prey (5)

CROSSWORD



FIND 15 DIFFERENCES BETWEEN THE PICTURES
I am the bread of life!



Answers

Crossword

Across: 1 Despair, 5 Resting, 9 Purer, 10 Galatians, 11 Neglected, 12 Siege, 13 Alms, 15 Ordained, 18 Promises, 19 Days, 22 Amber, 24 Protector, 26 Existence, 27 Gnash, 28 Strange, 29 Treason.

Down: 1 Depend, 2 Straggler, 3 Agree, 4 Righteous, 5 Ruled, 6 Satisfied, 7 Image, 8 Gospel, 14 Samaritan, 16 Dishonest, 17 Egyptians, 20 Camels, 21 Orphan, 23 Brier, 24 Pence, 25 Eagle.

Norma's Wordsearch

Hidden message for August:-

Think of the future generations who deserve better. Change you ways.

Smile lines

Why do we tell actors to “break a leg?”

Because every play has a cast.

Did you hear about the actor who fell through the floorboards?

He was just going through a stage.

GROUP CALENDAR

<u>Date</u>	<u>Time</u>	<u>Place</u>	<u>What's on</u>
August			
Sun. 11 th	After morning worship	Heath	Church Meeting
Tue. 20 th	10.30am	Heath	Community coffee morning
Wed. 21 st	10.00am	New Hope	Elders Meeting
Mon 26 th	7.30pm	New Providence	New Provi Circle

~~~~~

### Excuse This House

Some houses try to hide the fact  
That children shelter there –  
Ours boasts of it quite openly,  
The signs are every where!

~~~

For smears are on the windows,
Little smudges on the doors;
I should apologize, I guess,
For toys strewn on the floor.

~~~

But, I sat down with the children  
And we played and laughed and read,  
And if the door bell doesn't shine,  
Their eyes will shine instead.

~~~

For when, at times, I'm forced to choose
The one job or the other;
I want to be a housewife –
But first I'll be a mother.

PREACHER PLAN

HEATH URC, MANOR DRIVE, 10.30 AM

Aug. 4th Rev John Jenkinson
Aug. 11th Rev Heather Pollard
Aug. 18th Mrs. Jane Simmons
Aug. 25th Mr. Martin Pollard

NEW HOPE URC, WARLEY ROAD 10.30 AM

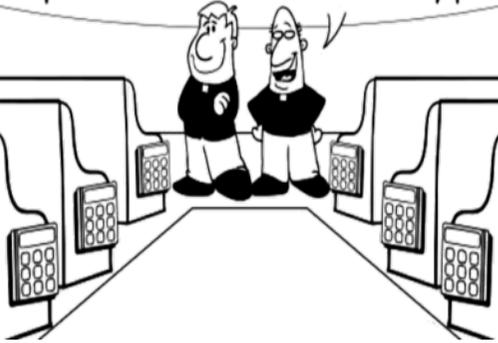
Aug. 4th Rev Heather Pollard
Aug. 11th Mr. Martin Pollard
Aug. 18th Mr. Alan Jowett
Aug. 25th Mrs. Juliet Foster

NEW PROVIDENCE URC, KEIGHLEY ROAD 11.00 AM

Aug. 4th Mrs. Juliet Foster
Aug. 11th Rev John Jenkinson
Aug. 18th Mrs. Juliet Foster
Aug. 25th Rev Heather Pollard



Offerings sure have increased ever since we put credit card terminals in every pew



Offerings take longer since First Church lets people give items the church can sell on eBay.



Useful Numbers

Rev Heather Pollard ministerhalifaxgroup@gmail.com 248957

Mrs J Simmons (Heath) 365355

Mr D Truswell (New Hope) 883908

Mrs S Wolfenden (New Providence) 244402

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Providence URC. www.providencechurchovenden.org.uk

URC web site: www.urb.org.uk

Yorkshire Synod www.urbcyorkshire.org.uk

Robert Brook (editor) robertbrook@sky.com 07811535832

■■■■■■■■■ September Deadline ■■■■■■■■■■

All contribution need to be in by **THURSDAY AUGUST 15th** please. These can be either handed in to your church reps or stop press direct to the editor at: robertbrook@sky.com

Thank you.